

Patient Exam Preparation Instructions:

Ultrasound Nuchal Translucency

Before Your Exam

- Arrive at least 15 minutes prior to your scheduled appointment.
- You may eat and drink before your exam.
Take your scheduled medications.
- You will be asked to drink 8 ounces of water thirty minutes before the exam and do not void.
- If your doctor gave you any forms from the laboratory, please bring them to appointment, the technologist may have to add information to form.

Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: UniversityRadiology.com

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

Questions?

Call **800-758-5545**